

Surgical Information and Prices

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for

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Surgical Solutions for Inguinal Hernia

Description of the Condition: The inguinal canal in men is a passage approximately 3-5 cm long and about 1 cm in diameter, located in the groin area between muscles and ligaments. Its internal opening leads toward the abdominal cavity, while the external opening leads under the skin. In a healthy state, it is filled with blood and lymphatic vessels, nerves, fatty tissue, and the spermatic cord, essentially functioning as a closed passage. (In women, this structure is much smaller and contains only a thin fibrous band instead of the spermatic cord, making inguinal hernias rare.)

Any condition that increases abdominal pressure (e.g., lifting, straining, coughing, constipation) can open the inguinal canal from the inside out or weaken the adjacent tissues. Initially, only the internal hernia gate typically opens, causing brief, self-resolving groin discomfort. At this early stage, hernias may not be definitively confirmed by palpation or ultrasound examination. Over time, inguinal hernias invariably grow and cannot be prevented or reversed with hernia belts or exercises. When the hernia reaches the external hernia gate, it becomes palpable. Most patients notice their hernia at this stage. A small bulge can gradually enlarge and protrude into the scrotum, forming a scrotal hernia. Active patients typically do not wait for this condition to develop, opting for surgical intervention—the only optimal solution currently available—due to potential pain and the discomfort of living with a constant hernia awareness. The timing of surgery for asymptomatic inguinal hernias is at the patient's discretion. Naturally, the smaller the hernia, the easier the surgery and the lower the risk of complications.

Procedure for Inguinal Hernia Surgery with Mesh Implantation: Hernias can only be treated surgically, and the diagnosis is synonymous with surgical indication. Before surgery, a chest X-ray, blood test, ECG, and anesthesiology consultation are required.

Traditional inguinal hernia surgery is performed externally, via the abdominal wall. All surgical types focus on preparing and removing the hernia sac and strengthening the weakest, posterior wall of the inguinal canal. After removing the hernia sac, a non-absorbable, tissue-friendly mesh is placed on the posterior wall of the inguinal canal and secured with a few stitches. During healing, the forming scar tissue grows into the mesh's pores, creating a strong, resistant layer that prevents recurrence.

Postoperative Care:

- **Diet:** Liquids can be consumed 1.5 to 2 hours after surgery, and solid foods after 3 to 5 hours.
- **Hydration:** For the first 3-4 days following hernia surgery, consume plenty of fluids (excluding carbonated beverages).
- **Discharge:** You may leave the facility 4 hours after the procedure. Driving is not permitted on the day of the surgery; it is advisable to arrange for an escort in advance.

The optimal healing of the small incision requires the formation of temporary sterile inflammation. As a result, mild swelling, warm skin, muscle soreness, pulling sensations, occasional minor bruising, or scrotal swelling may appear in the surgical area, all of which typically resolve spontaneously within a few days.



Preconditions for Surgery:

- The patient's complete mental and physical well-being
- Negative laboratory results not older than 2 weeks
- EKG results not older than 2 weeks
- A lung screening or chest X-ray result within one year
- Payment of the organizing fee

It is essential to ensure that the patient **has no known drug allergies—especially to local anesthetics—before the procedure!**

It's important to inform **us if you have any blood clotting disorders**, but you do not need to stop taking your medication—including anticoagulants—because of the procedure.

Surgery cannot be performed if:

Preoperative examination reveals abnormal laboratory values that could interfere with the procedure. After these have been addressed, surgery may proceed.

Preoperative Preparations:

- The day before the surgery, after a light lunch, only liquids (such as soup, fruit juice, tea, etc.) may be consumed, and smoking is allowed only until midnight..
- **FROM MIDNIGHT, EATING, DRINKING, SMOKING, AND EVEN CHEWING GUM ARE PROHIBITED! If this is not followed, the surgery cannot be performed!**
- Information about taking regularly prescribed medications before the surgery will be provided during the consultation with the operating doctor.
- If necessary, ensure that the surgical area(s) are shaved.
- Follow the checklist provided at the end of this information.
- After receiving oral information, the patient signs the surgical consent form.



KELEN KÓRHÁZ

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2024 Prices

Operating Surgeon: Dr. István Rozsos

Phone.: +36 70 907 1234

Procedure: Traditional inguinal hernia with mesh implantation

The price for complete **unilateral inguinal hernia** surgery: **580.000 Ft**

The price for complete **bilateral inguinal hernia** surgery: **680.000 Ft**

In case of extreme anatomical or structural conditions, a 20% fee adjustment may apply

The surgery price always includes:

- Full microwave /laser haemorrhoid surgery
- Anesthesia
- Observation, which lasts 4 hours
- The first post-surgery check-up at the agreed time

A scheduling fee of 100,000 HUF is required to secure the appointment, which will be deducted from the surgery cost.

If the surgery is canceled due to the patient's fault, the scheduling fee is non-refundable.

Payment Methods: (for the remaining amount)

1. **Advance bank transfer**, latest by the morning of the business day before the procedure (bring or email the transfer receipt to theta.mutet@gmail.com).
2. **Cash** on the day of the procedure at the location.
3. **Credit card** on the day of the procedure at the location.



Checklist:

1. Laboratory results not older than 2 weeks.
2. EKG results not older than 2 weeks.
3. Lung screening or chest X-ray result within one year.
4. Price quote.
5. **From midnight before anesthesia, no eating, drinking, smoking, or chewing gum!**
6. Bring comfortable clothing and slippers.
7. **Take your blood pressure and heart medications on the morning of the procedure, as well as any other regularly taken medications as discussed beforehand.**
8. Shave the surgical areas if necessary.
9. Transfer the organizing fee.

Thank you for your trust!

Dr. István Rozsos

Vascular surgeon

For further questions not covered here, please feel free to contact us:

www.thetapest.hu

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